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| Effective Date 1/1/2023 | Health Plan Core HMO | Ref RQ-171940 |
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This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

| Benefits | Inside Network |
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| Plan deductible | No annual deductible |
| Individual deductible carryover | Not applicable |
| Plan coinsurance | No plan coinsurance |
| Out-of-pocket limit | Individual out-of-pocket limit: \$3,500 Family out-of-pocket limit: \$7,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services |
| Pre-existing condition (PEC) waiting period | No PEC |
| Lifetime maximum | Unlimited |
| Outpatient services (Office visits) | \$25 copay primary/\$50 copay specialty |
| Hospital services | Inpatient services: \$500 copay, per day for up to 5 days per admit Outpatient surgery: \$250 copay |
| Prescription drugs (some injectable drugs may be covered under Outpatient services) | Preferred generic/preferred brand/non-preferred \$10/\$35/\$70 copay per 30 day supply |
| Prescription mail order | 2 x prescription cost share per 90 day supply |
| Acupuncture | Covered up to 12 visits per calendar year \$25 copay |
| Ambulance services | Plan pays 80%, you pay 20% |
| Chemical dependency | Inpatient: \$500 copay, per day for up to 5 days per admit Outpatient: \$25 copay |
| Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices | Covered at 50% |
| Diabetic supplies | Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits. |
| Diagnostic lab and X-ray services | Inpatient: Covered under Hospital services Outpatient: Covered in full High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services. |
| Emergency services (copay waived if admitted) | \$150 copay at a designated facility \$150 copay at a non designated facility |

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| Hearing exams (routine) | \$25 copay |
| Hearing hardware | Not covered |
| Home health services | Covered in full up to 130 visits total per calendar year |
| Hospice services | Covered in full |
| Infertility services | 50% diagnostic services & drugs |
| Manipulative therapy | Covered up to 20 visits per calendar year without prior authorization \$25 copay |
| Massage services | See Rehabilitation services |
| Maternity services | Inpatient: \$500 copay, per day for up to 5 days per admit |
| | Outpatient: \$25 copay. Routine care not subject to outpatient services copay. |
| Mental Health | Inpatient: \$500 copay, per day for up to 5 days per admit |
| | Outpatient: \$25 copay |
| Naturopathy | Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$25 copay |
| Newborn Services | Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother. |
| Obesity-related surgery (bariatric) | Covered at cost shares when medical criteria is met |
| Organ transplants | Unlimited, no waiting period |
| | Inpatient: \$500 copay, per day for up to 5 days per admit |
| | Outpatient: \$25 copay |
| Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms | Covered in full |
| | Women's contraception is covered as preventive, and Men's contraception is covered in full |
| Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year | Inpatient: 60 days per calendar year. Services with mental health diagnoses are covered with no limit. \$500 copay, per day for up to 5 days per admit |
| | Outpatient: 60 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$25 copay primary/\$50 copay specialty |
| Skilled nursing facility | Covered in full up to 100 days per calendar year |
| Sterilization (vasectomy, tubal ligation) | Covered in full |
| Temporomandibular Joint (TMJ) services | Inpatient: \$500 copay, per day for up to 5 days per admit |
| | Outpatient: \$25 copay |
| Tobacco cessation counseling | Quit for Life Program - covered in full |
| Routine vision care (1 visit every 12 months) | \$25 copay |
| Optical hardware Lenses, including contact lenses and frames | Not covered |
| Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits) | Covered in full |

All plans offered and underwritten by Kaiser Foundation Health Plan of Washington

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